

-: ADVISORY COMMITTEE :-

1. **Dr. Vivek Sathe** DAVV, Indore
2. **Dr. V. F. Peter** DAVV, Indore
3. **Dr. K K Singh** Govt P.G College, Satna
4. **Dr. Sanjeev Singh** Khandwa
5. **Dr. Sunil Dudhale** DAVV, Indore
6. **Dr. Raghav Jaiswal** ILVA, College
7. **Dr. Avinash Yadav** Sant Paul College
8. **Dr. Vipul Kirti Sharma** Govt. Holkar Sci. College, Indore
9. **Dr. Poonam Kaushik** Kasturba Rural Institute, Indore
10. **Dr. Sanjay Vyas** Govt. Holkar Science College, Indore
11. **Dr. Sakshi Jaiswal** Shri Umiya Girls College, Indore
12. **Mr. Manish Mane** Corporator
13. **Dr. Wilfred Vaz** LNIPE Gwalior
14. **Dr. Mukesh Solanki** DAVV Indore

-: BEST ORAL AND POSTER PAPER PRESENTATION AND AWARDS :-

1. Best Oral Presentation Awards :- (1st, 2nd and 3rd Position)
2. Best Poster Presentation Awards :- (1st, 2nd and 3rd Position)

Notification Available on College Website

www.collegeholkar.org

-: THEMES FOR SEMINAR :-

- Fitness and Yogic Exercises During and Post Pandemic Outbreak.
- General Fitness and Health Management.
- Health and Fitness Exercises for Stress Management.
- Psychological Impact of Physical Activity and Yogic Movements.
- Scope of Health, Fitness and Sports in Community Building.
- Activities and Nutritional Guidance for Youth, Adults, Females and Elderly Persons.
- Innovation in Exercise Physiology, Sports Biomechanics, Sports Psychology and fitness & Wellness.
- Various Means and Methods to Improve Community Health.
- Standards to Improve Sports, Health and Fitness in India.
- Yoga and Health.
- Environmental Science and Health.
- Physical Science and Health & Fitness.
- Biological Science and Health & Fitness
- Allied Science in Today's Healthy Life.
- Social and Mental Health.
- Nutrition and Diet.
- Possibilities of Medicines Related to Health In Botany.

-: SESSIONS :-

1. Invited Papers and Lead Talks
2. Oral Presentation
3. Poster Presentation

DAY 1: 07TH AUGUST 2022

9:00 to 11:00 AM	11:15 to 12:00 PM	12:00 to 1:00 PM	1:00 to 1:30 PM	1:30 to 2:30 PM	2:30 to 4:30 PM
Reporting and Kit Distribution	Inauguration Function	Key Note Address	(Session 1) Paper Presentation Poster / Oral	Lunch Break	(Session 2) Paper Presentation Poster / Oral

DAY 1: 08TH AUGUST 2022

10:00 to 11:30 AM	11:30 to 12:00 PM	12:00 to 1:30 PM	1:30 to 2:30 PM	2:30 to 4:30 PM
(Session 3) Invited Talk	Tea Break	(Session 4) Paper Presentation Poster / Oral	Lunch Break	Valedictory Function



Dr. Suresh T. Silawat

Principal, Govt. Holkar Science College, Indore and
Additional Director, Higher Education Indore Division



National Seminar

August 7th And 8th 2022

On Role of Allied Sciences in Improving the Standard of Sports, Health and Fitness



Organized By

**Department of Physical Education
Govt. Holkar Science College, Indore**
A.B. Road Indore - 452001 (M.P.)

Chief Patron :

Dr. (Prof.) Renu Jain

(V. C.) Devi Ahilya Vishya Vidyalaya, Indore

Patron :

Dr. Suresh T. Silawat

Principal, Govt. Holkar Science College, Indore And
Additional Director , Higher Education Indore Division

Chairman	Dr. G D Gupta , Vice Principal Govt. Holkar Science College, Indore
Administrative Officer	Dr. R C Dixit , Professor Dept. of Physics
Organising Secretary	Dr. Anupam Sharma , HOD Physical Education
Convener	Dr. Deepak Mehta , Professor and Head Dept. of Physical Education, (Davv)
Co-Convener	Dr. Vikas Kaushik , HOD Physical Education Govt. Nirbhay Singh Patel Sc. College
Co-Convener	Dr. Seemavati Sisodiya , HOD NSS
Treasurer	Dr. Vivek Raich , Prof. Dept. of Mathematics
Technical Head	Dr. Netram Kaurav , HOD Dept. of Electronics

Official Email – raisishf@gmail.com



National Seminar

August 7th and 8th 2022

On

Role of Allied Sciences in Improving the Standard of Sports, Health and Fitness

Name

Father/Husband Name

Date of Birth

Address (Resi)

.....

Address (Institute)

.....

Mobile No.....

e-mail:

Present Designation

Whether you want Paper presentation. Yes ☐ No ☐

If Yes

Oral ☐ Poster ☐

Aims And Objectives Of The Seminar :-

The aim of the seminar is to provide a platform to the researchers from different part of the country to discuss the challenges in the area of Sports, Health and Fitness and their applications in real world. The seminar will focus on the development of new scientific techniques besides theoretical aspects. Research exchange, enhancement and discussions will be incubated from a number of presentations by the participants. This will also provide a means to create a bond among scholars from the different parts of the country.

Young Scientist Award :-

There will be three young scientist awards for best paper presentation in the area of physical education, health, inter disciplinary. Candidate who is below 35 years will be eligible for being considered for young scientist award. The candidate who wishes to submit the paper for the young scientist award should indicate on the top of the paper "For consideration of young scientist award" and submit full paper through email (raisishf@gmail.com) by 15th July 2022. The paper will be reviewed by the screening committee for selection of paper for presentation in the award session. The candidate must produce appropriate document for proof of age at the time of registration.

About City And Department

Indore is the most popular city in Madhya Pradesh. It is also the largest metropolitan city in central India. Indore is well Connected via rail, road and air transport services. Indore is served by Devi Ahilya Holkar international Airport, about 8 kms from the city. it also connected to other parts of India through national and state highway. To travel locally in Indore there are both government and private transportation including I-bus, taxis. The transportation in Indore is extremely safe, wallet friendly and comfortable. Weather is pleasant in July. The department is started this year due to national education policy in which There is an option for students to take physical education as open elective subject. after 12th. Department is maintaining closed link and association with well-known physical educationist of different cities. The faculty of this department is actively engaged in teaching and research since its inception.

Important Deadlines :-

- ❖ Abstract / full paper submission: 25th July 2022
- ❖ Acceptance for seminar participation / paper presentation: 5th August 2022
- ❖ Acceptance of paper publication after the approval from related journals:
- ❖ The Instructions and format for the full-length paper will be as per journals.

Registration fees on or before 25th July 2022

Academic / industry
participation - Rs. 1000/-

Students (PG/research
scholar) - Rs. 500/-

Accompanying person: Rs. 2000/-

After 25th July 2022

Academic / industry
participation-Rs. 1500/-

Students (PG/research
scholar) - Rs. 700/-

PAYMENT DETAILS:

Through SBI Collect
for procedure visit college website :
www.collegeholkar.org

NOTE:-

The registration fees include registration kit and meals on seminar days. The registration fees are non-Refundable. For registration, queries or clarifications, please contact the convener / organizing secretary. Accommodations: accommodation arrangements will be made in the institute hostel. Academic and industry delegates may also send their request for accommodation in the DAVV university guest house. Bookings in other hotels and guest houses will treat as a personal booking. accommodation in DAVV guest house will be available on first come first serve basis. Tariffs are as under: University guest house: Rs. 500 per day per person (twin sharing) Student accommodations: in Hostel Rs. 200 Per day. accommodation charges should be sent along with registration fees.

:- MEMBERS:-

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|-----------------------------|--------------------------------------|
| 1. Dr. Sanjeet Rai | Madhav Science College, Ujjain |
| 2. Dr. Sanjeev Yadav | LNIP, Gwalior |
| 3. Dr. Ashish Fulkar | LNIP, Gwalior |
| 4. Dr. Bharat Verma | LNIP, Gwalior |
| 5. Dr. Lakhvinder Singh | Govt. SLP College, Gwalior |
| 6. Dr. Manohar Kataria | Govt. KRG College, Gwalior |
| 7. Dr. Archana Pathak | Govt. P.G College, Balaghat |
| 8. Dr. Rajendra Dubey | Govt. KRG College, Gwalior |
| 9. Dr. Arun Singh | Govt. MVM College, Bhopal |
| 10. Dr. V.K Shrivastava | Govt. College, Jabalpur |
| 11. Dr. Rajeev Chaudhary | Pt. Ravikishan University Raipur |
| 12. Dr. Ajay Sahni | DAVV Indore |
| 13. Dr. Umashankar Tripathi | Govt. MLB College Gwalior |
| 14. Dr. Prashant Dubey | Govt. Science College Gwalior |
| 15. Dr. Sudhira Chandel | DAVV Indore |
| 16. Dr. Chitrnanjan Sharma | Govt. Holkar Science College, Indore |
| 17. Dr. S.S. Sharma | DAVV Indore |
| 18. Dr. Satish Kumar | Govt SP Mukharjee College, Bhopal |